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# 35 Practical Steps Men Can Take To Support Feminism

*Most men do many things in their daily lives that directly or indirectly contribute to a culture of gender inequality.*

PAMELA CLARK · JUN 14, 2014

On Facebook, a friend recently linked to an article called [20 Tools for Men to Further Feminist Revolution](#). Although he liked the list, he (correctly) noted that most of the suggestions were quite academic. The friend in question, like me, is an academic, so this point is not meant to be an indictment of the original article. It's just that practical tools and academic tools can have different places in the world.

His comments have prompted me to create a list of more practical tools. Most men -- particularly men who benefit from multiple forms of structural privilege -- do many things in their daily lives that directly or indirectly contribute to a culture of gender inequality. Even men who support feminism in theory can be not great at applying feminism in their everyday practices.

This list entails suggestions for some practical tools all men can apply in their day-to-day lives to foster equality in their relationships with women, and to contribute to a culture where women feel less burdened, unsafe, and disrespected.

Part of living in a patriarchal society is that men are not socialized to think about how their habits and attitudes harm women. This list is meant to push men to think more consciously and personally about the direct and indirect effects they have on women, and to think more about how they can contribute to feminism through their lived, everyday practices.

Tools 15 - 27 are c/o [Lindsay Ulrich](#). Other tools c/o [Pamela Clark](#).